

THE 20 PRINCIPLES OF THE ALEXANDER DISCIPLINE

R. G. "Wick" Alexander, DDS, MSD

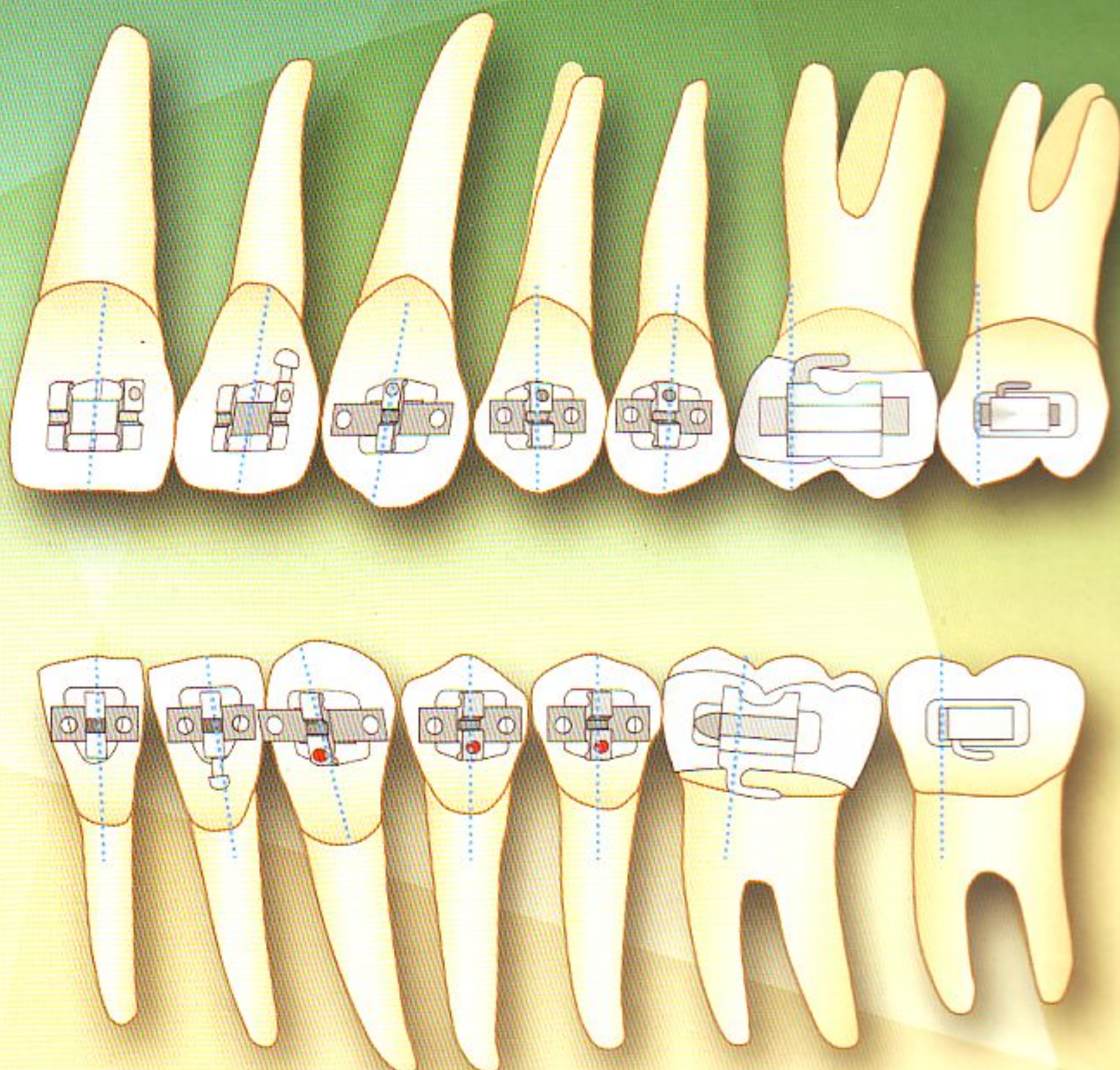


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